



Community News



Presented by:
Holts Summit Community Betterment Association



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A letter from the Editor(s):

As we work to continue our monthly publication, we would like to ask for your help. We are working to expand our electronic delivery to more than 2,500 readers. Please share our newsletters with your friends and family.

Requests to be added to our direct email list for future newsletters can be sent to info.hscba@gmail.com

This “bare bones” version is our new start. We will continue to add new content and information each month.

We would also love to share your stories and content. If you are a writer, a poet, a historian, or if you know someone who is, please let us know. We would love to share local information, history and happenings in and around Holts Summit and Callaway County. Send contact information to info.hscba@gmail.com

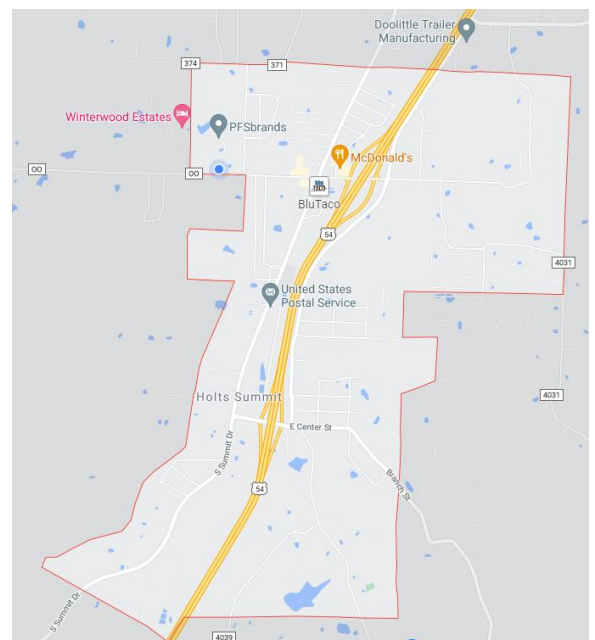
Where are you advertising at? Come advertise in our Community Newsletter. It's affordable and reaches hundreds of inboxes every month. Here's the breakdown on pricing:

<u>Ad Size:</u>	<u>HSCBA Member Price:</u>	<u>Non-HSCBA Member Price:</u>
1/8 page (2 1/2" x 3 3/4")	\$8/month	\$12.00/month
1/4 page (3 3/4" x 5")	\$16/month	\$24/month
1/2 page (5" x 7 1/2")	\$30/month	\$45/month
Full Page (7 1/2" x 10")	\$60/month	\$90/month

If you're interested in placing an ad, please email info.hscba@gmail.com

Community Input:

We want to hear from YOU, the readers! What are some topics you'd like covered? Do you know a business that would like to be featured? Know someone within the community doing extraordinary work? Let's hear about them all! Email any events, inquiries, etc.



Local Places of Worship:

Because He Lives Cowboy Church

2380 State Road MM, New Bloomfield
(573) 721-3893

Cedar Grove Baptist Church

119 Thompson Street, Holts Summit
(573) 896-8045

Dixie Christian Church

9407 State Road BB, New Bloomfield
(573) 295-6919

Faith Baptist Church

194 E. Simon Blvd, Holts Summit
(573) 298-0443

Grace Lutheran Church

618 Halifax Road, Holts Summit
(573) 896-8824

Guthrie Community Church

2213 State Road Y, New Bloomfield
(573) 230-3158

Kingdom Hall

185 NorthStar Drive, Holts Summit
(573) 634-8327

Life House Church

222 East Center Street, Holts Summit
(573) 896-8687

Mt. Vernon Missionary Baptist

11503 County Road 391, Holts Summit
(573) 896-8687

Pleasant Ridge Baptist Church

10864 Platinum Road, Holts Summit
(573) 295-4229

Shiloh United Methodist

2380 State Road AA, Holts Summit
(573) 896-4565

St. Andrews Catholic Church

400 St. Andrews, Holts Summit
(573) 896-5010

Summit Community Church [Civic Center]

282 Greenwald Road, Holts Summit
(632) 535-0251

Summit First Assembly of God

261 Spalding Road, Holts Summit
(573) 881-1045

Union Hill Baptist Church

460 S. Summit Drive, Holts Summit
(573) 896-4374

Yahweh's Restoration Ministry

11608 County Road 4031, Holts Summit
(573) 896-9248

Memories

Life has a funny way
Of coming back around,
It may be something we say;
A sight, or just a sound.

Suddenly, we're in the past
Remembering the good, the bad;
Friendships that didn't last,
Lost loves that make us sad.

Our memory is a small gift
From our Lord up above;
When down, it gives us a lift
And reminds us of his love.

Memories are the one thing
That cannot be taken away;
They are a part of our being
And we make new ones every day!

~Donna Faye Albert, Published in
1999 by The Poetry Guild



Local Calendar of Events

July 7	Celebrity Story Time at Memorial Park 10:30-11:00am
July 7	Summer Night of Prayer @FBC Fulton
July 8	Kael Wade LIVE @ BluTaco
July 8	SERVE Food Pantry Distribution 1-3pm @Shiloh UMC
July 8	Teens for Conservation: 3D Archery @ Runge
July 8	All Star Game & HR Derby @Vivion Field
July 9	Cole County Farmers Market 4-6pm
July 9	Stars Under the Stars-Sister Act 8:45
July 9	Little Acorns Plus @ Runge Nature Center 10-11
July 10	Missions Outreach BBQ (Schultes)
July 10	Lincoln University Farmer's Market 8:30-10:30
July 10	Steve Earle & The Dukes @ Cap. Region Amphitheater
July 10	Camden County Swap Meet
July 10	Low Cost Pet Vac Clinic (Central MO Humane Society)
July 10	Annual Kelton Sellar Memorial Golf Tournament (Railwood)
July 10	The Pantry Distribution Day 6:00pm
July 11	Summer Extravaganza Booth Fair (829 Eastland Dr)
July 13	Paint Night @ Canterbury Hill Winery
July 15	Kael Wade LIVE @ BluTaco
July 16	The Comancheros Concert
July 16	Cole County Farmers Market 4-6pm
July 17	Backyard Concert Series: Shea & Shorty 4pm
July 18	Princess Tea Party
July 21	ALGOA Correctional Center Hiring Event
July 22	Jessy Johnson LIVE @BluTaco
July 23	Cole County Farmers Market 4-6pm
July 24	6 th Annual Battle of the Brews
July 29	Slick Nickel LIVE @ BluTaco
July 29-August 1	Shop & Sip-Ladies Night in the Brick District (Fulton)
July 30	Cole County Farmers Market 4-6pm
July 30	Food Truck Friday
July 31	Annual Callaway Crew Fundraiser @ Railwood

Area County Fairs

July 6-10

Miller County Fair

July 8-10

Osage County Fair

July 12-17

Randolph County Fair

July 20-24

Boone County Fair

July 26-31

Callaway County Fair

July 26-31

Cole County Fair



Missouri State Fair

coming up

8/12-8/22



Monthly Business Spotlight



175 W. Simon Blvd • Holts Summit • (573) 694-1889



Mellby's Chill Zone serves Central Dairy ice cream, including flavors vanilla, chocolate, strawberry cheesecake, Tiger Tracks, rocky road and more. The business also sells snow cones, with all-natural flavors including bubble gum, pineapple, pink lemonade, mango, cherry & many more. The small business also sells low-sugar and non-dairy products, as well as pre-packaged ice cream.

The newest addition is The Chill Zone located just next door to Mellby's. The 2,400-square-foot event space includes family-friendly activities for guests, including 10 arcade games, a pool table, foosball, a stage and dance floor, projector and speaker system.

Summer Hours: M, T, Th 3-9pm; Closed Wed.; Fri 3-10pm; Sat 11am-10pm; Sun 12pm-9pm

***Ask a HSCBA member how your business can be featured in our monthly newsletter!

P.O. Box 817
1201 STATE ROAD O
FULTON, MO 65251



911
573-642-7291 COMMUNICATIONS
573-592-2455 ADMINISTRATION
573-592-2440 FAX

NewsBlaster – July, 2021

With summer definitely in full swing, your Sheriff's Office remains busy conducting proactive patrols throughout the rural areas of the county. These patrols have been extremely beneficial in detecting criminal activity and hopefully making our county safer. To-date this year, the Sheriff's Office has handled 12,911 calls for service and facilitated the arrest of 922 subjects for an array of criminal offenses.

As discussed in past editions, the Sheriff's Office is responsible for statutory tasks throughout the county such as the issuance and renewal of Carry Concealed Weapon (CCW) permits. As a courtesy to our CCW permit holders, especially given my staunch support for such a program that affords rights to our law-abiding taxpaying citizens, I send out a reminder letter to permit holders when their permits are soon to officially expire. Over the past few months, it's come to our attention that several permit holders have moved, not updated their residential address with our office, and thus, did not receive their courtesy notifications that were mailed to an old address. As a reminder, our CCW officer, Leah Schauf, may be contacted during business hours at 573-592-2457 (direct line) to provide an updated address. Pursuant to state law, all CCW permit information is confidential and therefore, your new address will merely be documented in our records system so notifications can readily be sent.

Hope everyone is well!

At your service,

Sheriff Clay Chism



Health Corner

brought to you by
Bryan Beanland ACE, ISSA, SSC, USAW, ACSM
certified personal trainer & owner of
Power Overload Training Systems



Make Weight Loss Fun

“Weight loss?” “Fun?” If you’re like most people, losing weight is anything but fun.... but it can be!

1. Find a friend to help push you and hold you accountable. You will be more likely to show up if you know that someone is counting on you. If you surround yourself with people who want you to succeed as bad as you do, great things will happen. I use a lot of constructive criticism with my friend. She complains about everything, but we laugh the whole time.
2. Don’t take yourself too seriously. My friends and I poke small jokes at each other and have friendly conversations during our workouts. It makes the time go by faster and leaves us with the feeling of “That was fun; let’s do this again!”
3. Try challenging yourself to mini competitions. If you ran five blocks yesterday, see if you can run two more blocks today. Or see how many days you can go without eating chips or drinking soda or energy drinks. Put stars on the calendar each time you meet a goal and congratulate yourself.
4. Pick exercises that are interesting or a routine you can enjoy. At times I’ll set up a small circuit that I will repeat for four sets. An example of one circuit is

Squats for 30 sec., Dance for 30 sec, Pushups for 30 sec, Kick box for 30 sec,
Crunches for 30 sec, and AB rockers for 30 sec.

Having fun, feeling good, and laughing help the production of a neurotransmitter called dopamine that controls the brain’s ‘reward system’ and help us remember why working out was *fun* and *felt good*. Laugh a lot, dance badly if necessary! But in my case...don’t dance at all. - Bryan

Located in the Summit Plaza between Dollar General & New China

182 W Simon Blvd • Holts Summit • (573) 644 - 4686

Open 24/7 to members

Local Numbers to Know

HOLTS SUMMIT

- Animal Control:** (573) 896-4911
- Callaway Hills Elementary:** (573) 896-5051
- Capital Region Family Clinic:** (573) 896-5155
- City Hall:** (573) 896-5600
- Daniel Boone Regional Library:** (573) 896-4224
- Emergency: 911**
- Fire District:** (573) 896-4589
- Food Pantry:** (573) 896-4374
- God's Free Will Store:** (573) 721-3893
- Mayor Landon Oxley:** (573) 896-5600
- North Elementary School:** (573) 896-8304
- Police Department:** (573) 896-4911
- Soup Kitchen:** (573) 301-8181
- SSM Family Clinic:** (573) 896-4579

- Callaway Community Hospital:** (573) 642-3376
- Callaway Sheriff:** (573) 642-7291
- Employment Office:** (573) 642-1418
- Fulton Medical Clinic:** (573) 642-5338
- Fulton School District:** (573) 642-6689
- Haven & Wiley House:** (573) 642-6065
- Kingdom Christian Academy:** (573) 642-2117

FULTON

OTHER RESOURCES

- Aging Best:** (800) 369-5211
- Battered Women/Rape Crisis:** (573) 875-1370
- Birthright:** (573) 635-8822
- Center for Family Counseling:** (573) 642-7800
- Central Missouri Community Action:** (573) 642-3316
- Central Missouri Foster Care & Adoption:** (573) 298-0258
- Child Abuse/Neglect Hotline:** (800) 392-3738
- Coalition Against Rape & Domestic Violence:** (573) 642-4422
- Elderly Abuse Hotline:** (800) 392-0210
- Family Counseling Center of Mid MO:** (573) 642-3239
- Governor Michael Parson:** (573) 751-3222
- Home Delivered Meals:** (573) 642-2458
- Pregnancy Help Center:** (573) 644-6635
- Rape & Abuse Crisis Services:** (573) 634-4911
- Jefferson City School District:** (573) 659-3000
- Job Corps:** (573) 882-8821
- Licensed Daycare Providers:** (573) 592-4138
- Missouri School for the Deaf:** (573) 592-4000
- National Domestic Violence Hotline:** (800) 799-7233
- OATS:** (573) 269-6287
- Our House Shelter:** (573) 642-6065
- Salvation Army Shelter:** (573) 634-8357
- Serve:** (573) 642-6388
- Serve Transportation:** (573) 826-3939
- Services for Independent Living:** (800) 766-1968
- Unemployment:** (800) 320-2519

LOCAL SCHOOLS

- Calvary Lutheran High School:** (573) 638-0228
- Helias Catholic High School:** (573) 635-6139
- Jefferson City High School:** (573) 659-3050
- Lewis & Clark Middle School:** (573) 659-3200
- JC-Parents as Teachers:** (573) 691-6740
- NB-Parents as Teachers:** (573) 301-8170
- New Bloomfield Middle/High School:** (573) 491-3700
- South Callaway School District:** (573) 676-5225

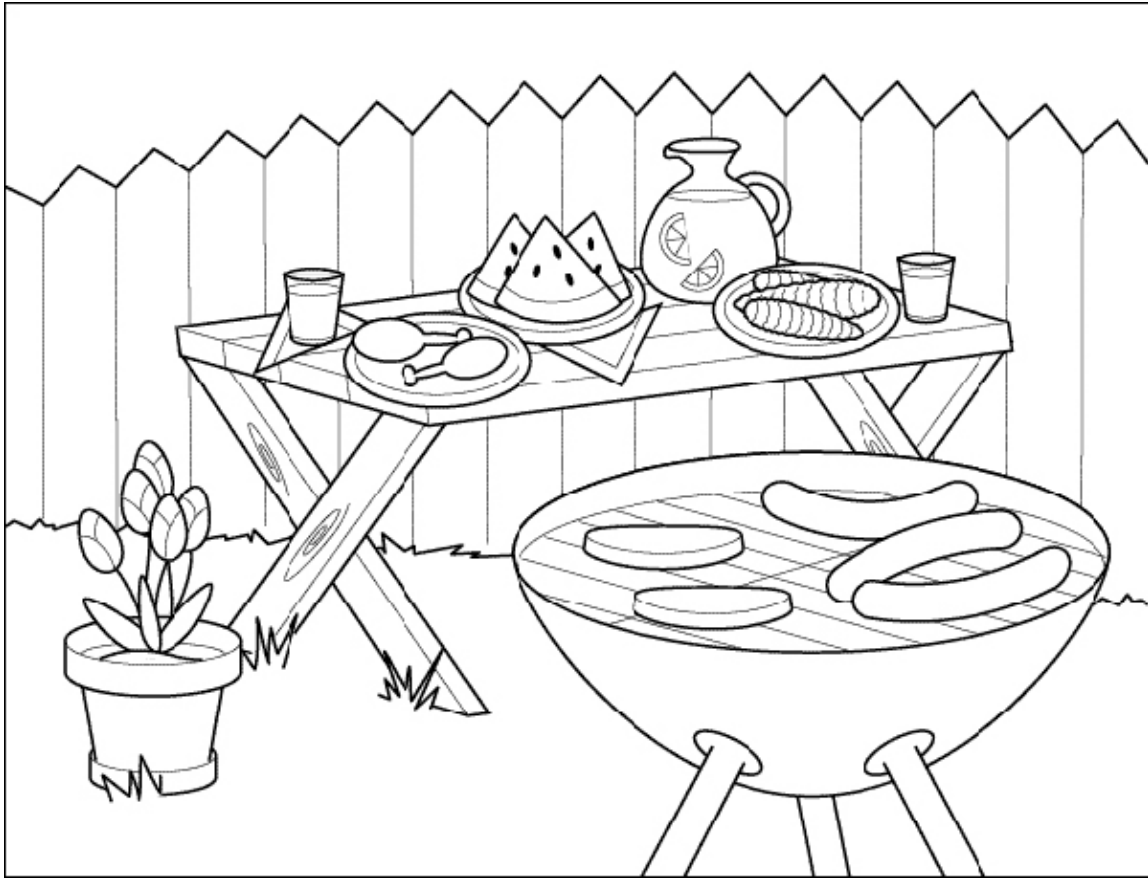


SUMMER BUCKET LIST



- | | |
|--|--|
| <input type="checkbox"/> Learn a new game | <input type="checkbox"/> Go to the beach |
| <input type="checkbox"/> Try a new food | <input type="checkbox"/> Create a music video |
| <input type="checkbox"/> Read a bedtime story | <input type="checkbox"/> Build an obstacle course |
| <input type="checkbox"/> Face paint | <input type="checkbox"/> Outdoor family game night |
| <input type="checkbox"/> Try frisbee tic-tac-toe | <input type="checkbox"/> Camp outdoors |
| <input type="checkbox"/> Make sock puppets | <input type="checkbox"/> DIY sidewalk chalk |
| <input type="checkbox"/> Eat outside | <input type="checkbox"/> Have a water fight |
| <input type="checkbox"/> Try brain puzzles | <input type="checkbox"/> Have a bonfire |
| <input type="checkbox"/> Play guess that song | <input type="checkbox"/> Ride a bike |
| <input type="checkbox"/> Have a BBQ | <input type="checkbox"/> Paint cement with water |
| <input type="checkbox"/> Make a time capsule | <input type="checkbox"/> See an outdoor movie |
| <input type="checkbox"/> Go swimming | <input type="checkbox"/> Play charades |
| <input type="checkbox"/> Take a nap outdoors | <input type="checkbox"/> Blow bubbles |
| <input type="checkbox"/> Play soccer | <input type="checkbox"/> Make paper airplanes |
| <input type="checkbox"/> Try new sports | <input type="checkbox"/> Have a family movie night |
| <input type="checkbox"/> Make a fairy garden | <input type="checkbox"/> Have fun |

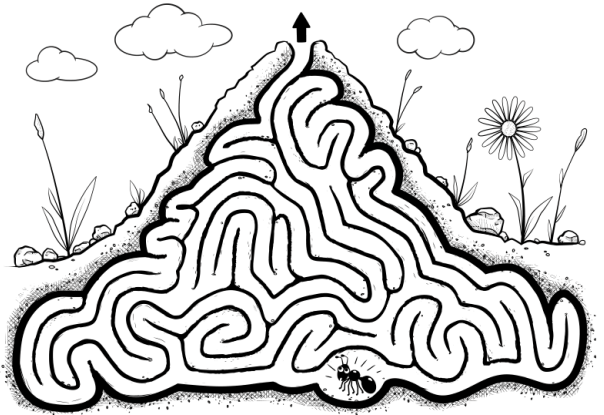
Kids Fun Page



BBQ Word Find

Find and circle the hidden words in the puzzle below.

P M P V B B D C D L V F G K I
 S Q O N C R H C R F E A W C M
 C L R W K I S B A R B E C U E
 L H K L C S V K I V K F E E B
 L H A K W K U B N O S Q I W R
 I Q E R P E S H M U S L T U I
 R N F P C T K S H E H V O S O
 G W X A J O H D M Q N C H W P
 Y J O Z B E A E G A S U A S Y
 S V Y L P B Y L C H I P S L T
 T S A N F G S V N C E S E F V
 C N E E H E R Q J V D E I I R
 R T U L D N H V M A M M I L Q
 Y E H B C V H K L Z K N Y D F
 N X T L Z D N X L M G J G P O



Word Bank

GRILL	CHIPS
LOW	CHUNKS
SLOW	CHICKEN
PORK	BARBECUE
RIBS	CHARCOAL
SMOKE	SAUSAGE
BRISKET	BEEF